Where do the healing symbols come from? They come from consciousness. Our mind works in cycles, from being conscious to unconscious, from awareness to non awareness, back and forth, over and over. During the day, we are conscious, aware, and awake. At night when we retire in the evening and during sleep, one becomes unconscious.

This can be represented by a sine wave curve, and it is from this curve that the symbols are derived.

The half circle above the line represents Wakefulness, awareness, consciousness. Sometimes called the solar phase, for these states of consciousness usually occur in the daylight hours. The half circle below the line represents sleep, non awareness, unconsciousness and usually occurs during the night, and is sometimes referred to as the lunar phase. The points on the line where the half circles touch are balanced points of self awareness, or the “still point”.

This cycle of consciousness or sine curve can be condensed in to our fist healing symbol. Turning the bottom half of the sine curve back upon itself, the two half curves, unconsciousness and consciousness, become a circle, a symbol for eternity.

We can also generate the circle by plotting points of our consciousness/unconsciousness, extending the points to see that it does generate a circle of conscious/unconsciousness, our entirety.
Taking just half of the sine wave and extending the points to the circle, we get a half circle, or three points to plot: the lowest points on the sine wave, where the top wave touches the straight line become the base for the triangle. The “peak” of the wave becomes the top of the triangle.

So now from our consciousness we have obtained the circle and the triangle. The “X” or cross is obtained by taking the points on the curve that represent the peaks, a “positive” one above the line, and a negative, or peak below the line and the “zero point (where the curve touches the straight line. These points form the cross, or the X.

The square is obtained from simply extending the lines of the cross or X

These symbols are not arbitrary. They are generated from your conscious/unconscious. You Ku, which is a visual consciousness, recognizes these symbols. These symbols work like psychic electromagnetic on off switches, the can turn on and off states of consciousness: for example, to stop something, just turn off it’s electromagnetic field with the X.