The Wizard of Oz and Huna by Jim Fallon

There are three main themes in this story.

They are, of course, the Scarecrow, representing intelligence (or awareness, 'lke); the Tin Man, representing compassion (or Aloha); and the Cowardly Lion, representing courage (or Mana).

The Yellow Brick Road represents the shamanic path Dorothy took into the inner worlds of herself. This is a story of an individual's inner journey—a story of personality integration and coming of age.

The animals, dogs, flying monkeys, talking trees can represent unintegrated parts of Dorothy's personality—parts of herself that she hasn't yet learned to control.

Professor Marvel, an itinerant fortune-teller, is the first mentor she encounters in her adventures, and he persuades her to return home and thus face her issues. This is the necessary first step—for her to take responsibility for her current situation. This represents going back to one's own personal Inner Garden.

By attempting to take back the Ruby Slippers, the evil function of he Wicked Witch of the West is to keep Dorothy in place and prevent her from completing her personal quest. The ruby slippers are red, or Kala, which means freedom and release.

Repeatedly, Dorothy demonstrates that she already possesses all of the qualities she needs to meet life's crises in abundance. She just doesn't know it. Yes, the world is truly what one thinks it is.

Glinda, the Good Witch, tells her that with the Ruby Slippers she could have gone home to Kansas any time she wanted to. Incredulous, Dorothy asks her why she hadn't told her this before. With full knowledge of the process that Dorothy has needed to undergo, Glinda sagely offers, "Because you wouldn't have believed me."

Now that the process of her personality integration is complete and her self-destructive issues are resolved, it really only requires an act of will and focus—Makia—for Dorothy to complete her quest and return home to her family. This can mean that all of her soul parts are now integrated, that's her "family."

For all of us, life is certain to contain scary and challenging adventures, but you'll be okay if you can make friends with the best aspects of yourself and refuse to let the bumps and burdens close you off to what's good in the world and what's good in other people. Simple enough, but for those who can achieve this, then there's always delight to be experienced and magic to be found. This is the magic of Pono, or effectiveness /success.

Dorothy's journey is going from Earth into the dreamland, or the three inner worlds, and following the Yellow Brick Road (The shamanic path is this story is yellow) leading to enlightenment. Real enlightenment, 'lke, comes from Manawa (Now is the Moment of Power; the color Yellow; Wind; Presence/Purpose).

We all have everything we need to uncover the mysteries of life within us. We don't need a wizard or an invisible man in the sky. We just need confidence in ourselves, self respect, and self love. In other words, the Aloha principle.