WATER IS LIFE by Jim Fallon

Water is an incredibly powerful tool for healing and manifestation that can benefit your life dramatically. You can program water with the strength, healing power and purpose you desire. Another term for programming in this case is blessing. Blessed water can be used as a healing tool to improve your life and health.

Water has been used by shamans all over the world for multiple purposes, because it is such a fundamental element. Water's most ancient use in shamanic or esoteric work is to dispel negativity, but it can be used for far more than that. The human body is comprised of 70 percent water. The properties of water can reach every cell to deliver the information and intentions you desire. Energizing water changes the molecular structure of water through the use of energy or vibrations, and this energetic water can go to all parts of the body. You use focused thought to communicate the pure intention that you wish the water to carry.

With water you can energize/program any object. By programming, you send thoughts of focused positive energy into an object, or a glass of water, so that it will emit the same energy vibration back to its environment. It's much like programming a crystal to emit a specific energy every time someone passes by it.

One way is to fill a glass with water, do some pikopiko from the navel to the forehead level, hold the water up to your forehead level, and place your hands around the glass, visualizing energy leaving the forehead level from the hands in the form of a white light entering the water. Imagine the energy removing all non beneficial energies from this water. Now see the glass becoming white and bright from the energy from the hands, you state your affirmation and visualize the end result, knowing that the water was being energized with the desire and intentions you have. Once you have finished, drink the glass of water.

If sprayed on something or digested, the energy is released as it evaporates or is absorbed. You can energize water in a small spray bottle, and spray objects with the water, or take a few drops of the energized water in your bath or drinking water. You can also spritz a few drops on to your clothes or jewelry.

Another method is to first have one of your hands cover the top of a glass while the other hand is held under the glass and imagine the hand above is putting the energy into the water or imposing the desired intention into the water, putting all your good wishes in the water. Now use your fingers in a waving motion to stir the water as you imagine beams of light coming from all the fingers stirring the water to mix with all the desires and intentions you have placed in the water. Now the water is energized, and you want to lock in these energies to make them stay in the water. Again, with the top hand, you envision the diagram of the Eye of Kanaloa on the surface of the water, sealing the energies in.

You can also program the water with the energetic attributes of a color. For example, if you wanted more inner power, you could spin you fingers or a pendulum clockwise over the eater and see either the fingers or pendulum "sending" that color into the water.

These are just a few of the things that are possible. For instance, Serge Kahili King tells of a workshop in which he had all the students hold a glass of water, build up their bioenergy, and focus for one minute on the water with the intention that it become white wine. Then he asked them to taste the water and raise their hands if it tasted like wine, and about 75% of the audience raised their hands.