FINGER MAGIC

by Jim Fallon

"Finger Magic" is really "Finger Dowsing," a type of deviceless dowsing which does not use a pendulum, or any other type of healing tool.

Finger Dowsing is a simple and natural skill everyone can do. Just be in a quiet state of mind and then ask a well-formed and specific question. Perform a simple head to navel pikopiko (inhale with attention at the top of the head, exhale with the attention at the navel.) to increase your energy level.

The simplest method is where you dowse by rubbing your index finger and thumb together. It relies on the skin being dry. Also, don't press the thumb and finger together hard, just enough so that they slide over each other easily. Ask your question and, if the answer is a 'yes', then the finger and thumb will feel 'sticky'.

A "maybe" answer would be a movement somewhere between "sticky" and a smooth slide. You're using the exact same pressure as before for the question, but now the finger and thumb don't slide as easily. They stick a little.

Obviously, a 'no' would show as no change at all in how they move (slide) over each other easily. You don't have to keep moving them to see if it works. Either it will work or it won't and it will happen quickly.

The advantage of finger dowsing is that it is something which can be done anywhere at any time, without the need for having tools with you. Plus, by not using the tool and focusing instead on your own body, you will become a far better dowser more quickly, because, after all, dowsing is all about your body's response to the question.

So if you don't use the tool, you're removing one other obstacle between you and the answer. You're not giving away your power to an external tool. You can use a tool if you want to, of course. Tools are useful, but again, the real secret is that the power is within you.

One way of using this form of dowsing is is to place your left (receiving) hand on an object, ask a question, and finger dowse with the right hand fingers for a yes or no response. Rubbing the fingers is good for yes or no questions, but what about working with sending and decreasing energy? For this you can do something called Divine Gesture, where the index and middle fingers are extended, and the thumb , ring and little fingers are touching tips and curled into the palm.

The basic idea here is that you're using your fingers

to stimulate a change. It could be used for stimulating healing, it could be for stimulating behavioral shifts, it could be for stimulating a change in a situation to make it go one way or the other.

You form the gesture and then you just spin your fingers like they're a pendulum. Clockwise to send energy, counterclockwise to decrease energy. You just spin your fingers until, intuitively, you feel like it's done, then you just stop. You don't have to spin close up over a body area, just focus on that area and spin the fingers. You could say to yourself, "Right here where I'm thinking about, I send healing energy." This is good for distant healing. For in-person healing, you could spin the fingers over an area and say, "Right here where my hand is, I send healing energy."

This can be really handy, for example, if you're in some situation where you can't use your pendulum or other healing tool, and you're driving your car and all of a sudden there's a crazy traffic situation that you want to resolve, or you're in the line in the grocery store or some place where you can't access a pendulum.

Let's say you're in the emergency room of a hospital, or you have to ride in the ambulance with someone and you don't have a tool with you or you don't want to take it out because others might think you're crazy, so you can use your fingers.

The reason why your fingers can have an effect is that energy is based on shape and your fingers are elongated like a healing wand/rod. Your fingers and your hands are parts of the body that have a lot of biophotonic activity.

The magic is in the spinning of your fingers That is the metaphysical part that empowers the words, that amplifies the intentions of your statement or command. This can stimulate a response in the energy field of a person or a situation. You can also spin the fingers below, say under a table or just at your side, where no one can see them, under your chair, or you can just whisper a statement under your breath.