

# Huna and the Mental Pendulum

by Jim Fallon

Dr. King, in the "Huna Guide to the Pendulum", suggests seven uses of the pendulum. Two of these suggested uses are telepathic communication with the subconscious (Ku) and Broadcasting, or Programming for the Ku. Also for telepathic healing of mind, body or circumstance.

The Kane, sometimes called the super conscious, is where everything is connected, all is one. This is where all spiritual power, intelligence and information is and it is available everywhere. And it is available to you, because you are part of it, not separate from it.

The Lono is your everyday consciousness, your thinking mind. It uses inputs from the senses to make decisions. It is your analytic decision making and the creative part of your mind.

The Ku, sometimes called the subconscious, is where feelings and memories reside. So how do we get all the information and intelligence, and whatever we want in life? One must convince the Ku that we really want and deserve it and that we are getting it now. This will then establish communication directly with the Kane. When you convince the Ku you want something, it establishes the communication link to the Kane, and then the desire comes directly from the Kane to the Lono, into your awareness and manifests.

So with your dowsing, or stone casting, you can find all information, so we really are "all is one". Again, knowing this concept, you can get information of any kind, or about any place, situation or object. Why? Because you are one with them. We can do this mentally without any device.

The Method of Mental Pendulum Dowsing is as follows:

The first step is to visualize a bright "sun" in the forehead area, and visualize that the light from this small sun is radiating out, expanding in all directions.

The second step is to perform pikopiko from the navel to the center of the forehead.

Once this is done, on your mental screen visualize two lights, side by side flashing. One is green for yes, one is red for no. Now, ask your question and see which light your mind is more attracted or drawn to, the green or red, and that is your answer.

If you get an indication that you do not want, simply place your awareness and concentrate on the indicator you want, and say "this is what I want, Ku, listen up and make it so."

One can also remove energy or add energy. Just visualize what is desired. Now see on your mind's mental screen, two spinning spirals, one green for adding, spinning clockwise, one red for

removing, spinning anti clockwise.. For example, if you want to add healing energy, visualize what you want, and focus on the green spiral, or superimpose the spinning green spiral onto your mental screen of the desired symbol of or image of what you want.

As an option to this, one can project the mental scene in the reality in front of you. Enlarge it. Then take your right hand, with the index and middle fingers projected and the little ring and thumb folded into the palm and tips touching, and either project a large green or red spiral on to the image you projected before you. Spin the hand, seeing the spiral energy coming from your hand onto the image projected.